

Sacred Heart Hindsford R.C. Primary School

Biting Prevention Policy



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Head Teacher

Spring Term 2025

Policy renewed Spring 2025

Changes to the previous policy:

- Date Change
- New Mission Statement

With Christ as our guide, we inspire and thrive

Thank you to Rowan Tree Primary School (Specialist Setting) for sharing their policy with school for us to use as a basis for our own policy.

Aims:

- To inform parents of the reasons why children may bite.
- To reduce incidents of biting from occurring
- To deal with incidents of biting in line with each child's stage of development.

Objectives:

- We will list reasons why a child may bite to aid parents / carers understanding.
- We will proportionately respond to each incident of biting.
- We will provide a list of procedures to follow so all know and understand what to do when an incident occurs.
- We will follow good-practice guidance (from our specialist schools) to reduce the incidents of biting from occurring.
- We will support parents to seek help and guidance where a child continues to bite.

Biting is a natural developmental stage that many children go through. This stage can last longer for pupils whose development and progression are delayed. The safety of the pupils at **Sacred Heart RC Primary School** is our primary concern. Although it can be upsetting for parents of both children we ask for patience and understanding if your child is bitten by another child.

The staff will use clear language and be consistent in their approach when dealing with an incident of biting. Our aim is in the efforts made in our prevention procedures to help the child take a further step to self-control. We will endeavour to establish the children's reasons for biting and to take proper measures to prevent further incidents wherever possible.

Why do young children bite?

- Biting is a natural part of a child's development.
- Each situation is unique because of the different personalities involved - Children bite for a variety of reasons
- Some pupils do not have the verbal skills to fully express themselves and therefore bite out of frustration, or to communicate they have an unmet need that the adults are not aware of.
- Biting brings about a quick and dramatic response.
- Children experience many emotions (positive and negative) that are difficult to express and, at times control. These emotions may be caused by several things; over-excitement, frustration, fatigue, fear of being separated from people they love etc, which can sometimes lead them to bite
- Biting may also be due to a need to experience sensory feedback

Biting Prevention

- We examine and develop our programmes so that the pupils are happy, stimulated and engaged in activities to prevent these incidents.
- We organise activities that allow our children to release frustration.
- We provide need-appropriate materials that stimulate interest.
- We provide close supervision and monitor each situation.
- Staff will be aware of conflict of personality between pupils and act accordingly and separate the pupils when and where necessary.
- Staff will be aware that a simple conflict over a toy or personal space could be enough to cause a child to bite.
- Staff will know the temperaments of the pupils and look for patterns in a frequent biter to inform their practice.
- Staff encourage pupils to express feelings and emotions using the pupil's preferred method of communication.
- Chewellery where appropriate.

Staff are aware of children who may bite others and have strategies in place to minimise this from happening.

However, for every child there may always be a first time, and biting others may occur unexpectedly.

From this time staff will ensure that monitoring is put in place to try to prevent any further bites occurring. Should further incidents occur, staff will implement appropriate strategies to reduce the risk of biting occurring in the future.

Procedures to follow when biting occurs

- The appropriate first aid will be administered. The wound will be cleaned, and an ice pack applied if necessary to help with swelling or bruising.
- We will comfort the child who has been bitten.
- The Senior Leadership Team will be informed.
- Both sets of parents / carers will be informed independently of the incident and the actions taken.
- All biting incidents will be dealt with complete confidentiality.
- Each situation is dealt with in a professional manner.
- We will aim to resolve the problem as quickly as possible, having open communication and co-operation is especially important with the parents / staff.
- If the child bites again they will be closely observed, **it is important to note that even with close observation**, it is not always possible to prevent all bites. All staff are briefed in what to do to best avoid further biting.
- In the event of a child who continues to repeatedly bite, further contact will be made with parents to discuss what else may be done to help the child.
- If the SLT feels they have exhausted all biting procedures consistently and fairly ensuring that it meets the needs of the child, the SLT may need to suggest seeking outside professional help.

This policy will be reviewed **bi-annually** unless there is change to good-practice or legislation. The next review date is Spring Term 2027.