

**Sacred Heart Atherton PE/Sport Map**

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Introduction to P.E Unit 1	Fundamentals Unit 1 Gymnastics	Ball Skills Unit 1	Dance Unit 1	Ball Skills Unit 2	Games Unit 1
Year 1	Team Building Fundamentals	Ball Skills Yoga	Gymnastics	Invasion	Athletics	Striking and Fielding
Year 2	Fitness Target Games	Dance Ball Skills	Invasion games)	Gymnastics	Athletics	Striking and Fielding
Year 3	Fundamentals Fitness	Ball handling Skills	Gymnastics Dance	Tag Rugby Football	Dodgeball Handball	Athletics
Year 4	Swimming	Swimming	Fitness Yoga	Ball Skills	Tag Rugby Football	Rounders Athletics
Year 5	Hockey	Gymnastics Yoga	Swimming	Netball Cricket	Badminton Dodgeball	Athletics
Year 6	Hockey	Dance Dodgeball	Badminton Volleyball	Netball	Football Tennis	Athletics